

Crystal Cleansing Compatibility Guide

Quick-reference chart for 38 common crystal materials and 9 cleansing methods. Quartz has been merged into Clear Quartz for simplicity.

How to use this guide

Find the crystal material in the left column, compare the 9 cleansing methods across the row, and start with the gentlest low-risk option when unsure.

Rating key

R = Recommended
C = Use With Caution
A = Avoid

Method key

ML Moonlight - **SL** Sunlight - **SE** Selenite - **IN** Intention - **WA** Water - **SA** Salt - **SO** Sound - **SM** Smoke - **EB** Earth

ite rule

When in doubt, start with Moonlight, Sound, Selenite, or Intention. Water, Salt, strong Sunlight, and Earth Burial need tighter material checks.

Material	ML	SL	SE	IN	WA	SA	SO	SM	EB	Best Overall	Extra Caution
Agate	R	R	R	R	R	C	R	R	R	ML / WA	SA
Amethyst	R	C	R	R	R	C	R	R	R	ML / SE	SL
Amazonite	R	C	R	R	C	A	R	R	C	ML / SE	WA, SA, SL
Ametrine	R	C	R	R	R	C	R	R	R	ML / SE	SL
Aquamarine	R	C	R	R	R	A	R	R	C	ML / SE	SL, SA
Aventurine	R	R	R	R	R	C	R	R	R	WA / ML	SA
Bloodstone	R	R	R	R	R	C	R	R	R	WA / ML	SA
Black Tourmaline	R	R	R	R	R	C	R	R	R	EB / SM	SA
Calcite	R	C	R	R	A	A	R	R	A	SO / ML	WA, SA, EB
Carnelian	R	R	R	R	R	C	R	R	R	SL / WA	SA
Citrine	R	C	R	R	R	C	R	R	R	SL / ML	SL
Clear Quartz	R	R	R	R	R	C	R	R	R	IN / ML	SA
Emerald	R	C	R	R	C	A	R	R	C	ML / IN	WA, SA
Fluorite	R	C	R	R	C	A	R	R	A	ML / SE	WA, SA, SL
Green Aventurine	R	R	R	R	R	C	R	R	R	WA / ML	SA
Hematite	R	R	R	R	C	A	R	R	C	SO / SM	WA, SA
Howlite	R	C	R	R	C	A	R	R	C	SO / ML	WA, SA

Material	ML	SL	SE	IN	WA	SA	SO	SM	EB	Best Overall	Extra Caution
Jade	R	R	R	R	R	C	R	R	R	WA / ML	SA
Jasper	R	R	R	R	R	C	R	R	R	WA / ML	SA
Red Jasper	R	R	R	R	R	C	R	R	R	WA / EB	SA
Labradorite	R	C	R	R	C	A	R	R	C	SE / ML	WA, SA
Lapis Lazuli	R	C	R	R	A	A	R	R	A	SE / SO	WA, SA, EB
Lepidolite	R	C	R	R	A	A	R	R	A	ML / SO	WA, SA, EB
Malachite	R	A	R	R	A	A	R	R	A	SO / SE	SL, WA, SA
Moldavite	R	C	R	R	C	A	R	R	C	IN / ML	WA, SA
Moonstone	R	C	R	R	C	A	R	R	C	ML / SE	WA, SA
Obsidian	R	R	R	R	R	C	R	R	R	EB / SM	SA
Opal	R	A	R	R	C	A	R	R	A	ML / SO	SL, SA, EB
Pyrite	R	C	R	R	A	A	R	R	A	SM / SO	WA, SA, EB
Rose Quartz	R	C	R	R	R	C	R	R	R	ML / SE	SL
Selenite	R	A	C	R	A	A	R	R	A	SO / IN	SL, WA, SA
Smoky Quartz	R	C	R	R	R	C	R	R	R	EB / ML	SL, SA
Sodalite	R	C	R	R	C	A	R	R	C	SO / ML	WA, SA
Sunstone	R	R	R	R	R	C	R	R	C	SL / ML	SA
Tiger's Eye	R	R	R	R	R	C	R	R	R	SL / WA	SA
Tourmaline	R	R	R	R	R	C	R	R	R	SM / SO	SA
Turquoise	R	A	R	R	A	A	R	R	A	SE / SO	SL, WA, SA

Quick rules for safer crystal cleansing

1. Start with ML, SO, SE, or IN when the material is uncertain.
2. WA is not a universal method, even for visually polished stones.
3. SA should be treated as a limited-use method, not routine care.
4. SL should stay short and controlled, especially for colored stones.
5. Jewelry needs extra caution because of metal, elastic, glue, or plating.
6. Soft, porous, layered, or treated stones usually need gentler methods.